

Crosspointe Community Church's Counseling Ministry

About Us

What type of counseling do you provide?

All our counselors are trained in biblical counseling and either has a certification from a biblical counseling organization, has received an advanced degree in Bible or theology, or is an ordained minister.

What do you mean by biblical counseling?

By biblical counseling we mean that your counselor is a Christian with special training and experience in applying the truths of the Bible to life. We believe that the Bible speaks to all of life and to all of its problems, but sometimes it takes careful thought and prayerful wisdom to know how to make those connections. We don't believe that the Bible is simply a how-to book or a recipe book for happiness. We believe that the Bible ultimately points us to a person and a relationship – Jesus Christ as our Savior and Redeemer. We believe that real change comes when people learn to see themselves and their problems in the context of a living, vital relationship with Christ. This does not mean that you must be a Christian to profit from our counseling, but you must be interested in hearing what God has to say in the Bible about your situation. *For further clarification of what we mean by biblical counseling please read our guiding principles below.*

What types of counseling issues do we address?

- Marriage: Communication, Restoration, and Enrichment
- Parenting & Family struggles
- Pre-Marital
- Depression, Anxiety, Anger, Fear, Grief, & Other Emotional Struggles
- Eating Disorders
- Responding to Abuse & Trauma (i.e., Verbal, Physical, Sexual)
- Addictions
- Identity Issues
- Guilt & Assurance of Salvation

How much does biblical counseling cost?

Counseling is a ministry of the body of Christ and by God's grace, there is no cost to you.

What is the Consent to Counsel Form?

We ask all individuals to read and sign our Consent to Counsel Form. This form must be returned before you begin your counseling sessions. This form enables the counselee to affirm that he or she understands that all our counseling is based entirely on the Word of God.

Will the counselors address other medical needs?

Biblical counselors believe in the holistic health of the counselee. Your counselor may recommend that you see a primary care physician to ensure there are no physiological problems contributing to the challenges you are facing. We are not qualified, nor will we, give advice related to medicine or anything beyond the scope of what the Scriptures.

Guiding Principles

I. Full of Grace and Truth – this is our main guiding principle in counseling.

As a church we are committed to extending grace and modeling Jesus' example of being a friend of sinners and sufferers (John 1:14).

At the same time, we are committed to the sufficiency of Scripture as the basis for our counseling (2 Tim. 3:16-17; 2 Pet. 1:3).

II. Listen Well.

We desire all those receiving counseling to feel heard, known, and understood. To accomplish this goal we will listen long, especially in the first session (Prov. 18:13).

III. Give Sightedness

Our goal is to help unearth the counselee's views on God, themselves, and their motives. Prov. 20:5). How we view these things is vital to understanding how we interpret the sufferings we have in this world, as well as how we think and act the way that we do.

IV. The Heart is the target of counseling.

Life flows out of the heart. Therefore, after uncovering the heart, we desire to address the heart with Scripture because the truths of the Word of God are powerful to address the thoughts and intentions of the heart (Heb. 4:12, Prov. 4:23).

V. Change Requires Effort.

God alone has the power to change our lives and give us all that we need to enjoy peace and happiness through Him (Psalm 1:1-3, Gal. 5:22). Yet we will need to do our part in working hard to apply these truths and conform our lives to His Word (Mt. 7:24-27, 2 Pet. 1:5-8).

Therefore, your counselor will likely assign homework for you to continue to be helped between sessions.